

# Discover the benefits of MetLife Dental

Did you know MetLife Dental benefits come with features designed to help you get maximum value delivered out of your employer-sponsored benefits? Brush up on the benefits listed below that are included when you enroll in MetLife Dental.



## Digital servicing capabilities make dental care easy

MetLife's mobile app<sup>1</sup> puts your ID card, plan details, and claim information at your fingertips. For added convenience, it also includes features like:

- A Find a Dentist tool with easy access to provider ratings
- Online appointment scheduling for select dentists
- Convenient claim status notifications via text messaging

Our digital tools available on MyBenefits also include:

- **Access to a Dental Cost Estimator<sup>2</sup>** so you can view personalized, plan-specific, and zip code-based cost estimates for most common procedures – as well as the deductibles, plan maximums, and frequency limitations that apply.
- **A digital virtual assistant** that's available 24/7 to help you with common tasks like accessing coverage information, getting personalized estimates, or viewing claims.



## Dental benefits go with you as you travel

Our International Dental Travel Assistance program provides international assistance tied to your out-of-network benefits, including:

- 24/7 help in multiple languages
- Access to dental providers (based on strict credentialing criteria) in approximately 200 countries
- Toll-free calling within the U.S., or collect calling outside the U.S.



## TakeAlong<sup>SM</sup> Dental provides a lifelong, individual dental plan that employees can take with them

With MetLife TakeAlong Dental, employees that are no longer eligible under the group plan can continue to have access to exceptional dental care—including the same high-quality network and servicing experience. All with no administrative work or additional cost for you.

With our industry-leading, portable dental solution employees can choose from a variety of individual dental programs to meet their unique needs, including PPO, DHMO, and Discount Plans.

Navigating life together



### **Clear aligner therapy discounts to make you smile**

MetLife Dental provides valuable discounts on clear aligner therapy, including Invisalign, Bioliner, Myobrace and Propel.

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### **Multi-language health history forms enhance communications**

Our health history forms, which are available in nearly 40 languages, are designed to help dentists better communicate with non-English speaking patients.

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### **Teledentistry options offer added convenience**

MetLife's partnership with Virtual Dental Care helps to connect members with a licensed dentist through a video call, to help address urgent dental situations at home.

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### **An Oral Health Library provides the information you need**

MetLife's Oral Health Library—[oralfitnesslibrary.com](http://oralfitnesslibrary.com)—offers unlimited online access to articles and videos on a wide range of helpful dental-related topics.

**For more information or support with getting started, contact your benefits administrator.**

1. To use the MetLife mobile app, employees can choose to register at [metlife.com/mybenefits](http://metlife.com/mybenefits) from a computer or directly through the app. Certain features of the MetLife Mobile App are not available for all MetLife Dental Plans.
2. This tool does not provide the payment information used by MetLife when processing your claims. Prior to receiving services, pretreatment estimates through your dentist will provide the most accurate fee and payment information.

Like most group benefits programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Ask your MetLife group representative for costs and complete details.

Dental benefits are provided by Metropolitan Life Insurance Company (MetLife) or an affiliate of MetLife. Certain administrative services are provided by Careington BenefitSolutions, Frisco, TX (Careington). Careington is not affiliated with MetLife or its affiliates. Like most benefits programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife for costs and complete details.

Group dental insurance policies featuring the Preferred Dentist Program are underwritten by Metropolitan Life Insurance Company, New York, NY 10166.

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