

## Mid-Atlantic Region



**ALERA**GROUP

# Alera Group Employee Benefits Benchmarking Survey

## Mid-Atlantic Region 2025

**1,191**

Companies  
Participating

**197,144**

Employees  
Represented\*

**2,750**

Medical Plans  
Included

## National 2025

**6,700**

Companies  
Participating

**2,025,435**

Employees  
Represented\*

**15,900**

Medical Plans  
Included

## Mid-Atlantic Region in Recent Years

**\$85,961**

Median Household  
Income in 2023 Dollars<sup>1</sup>

**2.40**

Average Persons per  
Household in 2023<sup>1</sup>

**3.9%**

Unemployment  
Rate Mar, 2025<sup>2</sup>

**\$11,603**

Healthcare Costs  
per Capita 2020<sup>3</sup>

### HDHP In-Network Plan Medians

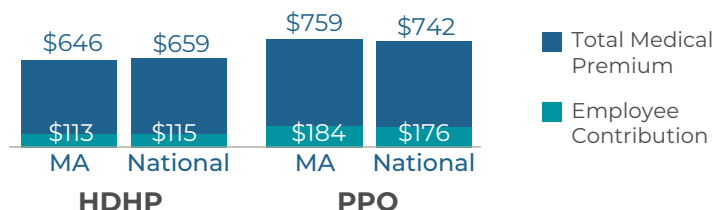
|                                                       | Mid-Atlantic | National |
|-------------------------------------------------------|--------------|----------|
| Deductible                                            | \$3,000      | \$3,300  |
| OOP Max                                               | \$6,250      | \$6,100  |
| HSA Employer Contribution<br>(of those contributions) | \$750        | \$780    |

### PPO In-Network Plan Medians

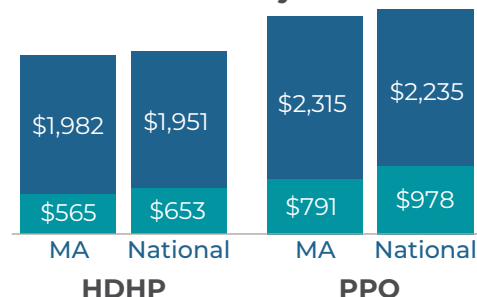
|                  | Mid-Atlantic | National |
|------------------|--------------|----------|
| Deductible       | \$1,500      | \$2,000  |
| OOP Max          | \$6,000      | \$6,250  |
| PCP Copay        | \$25         | \$25     |
| Specialist Copay | \$50         | \$50     |

## EE Contribution / Medical Premium Medians

### Employee Only



### Family



\* Estimated. \*\*Numbers reflect the combined median for all the states of the region.

1. U.S. Census Bureau quickfacts: United States. (2023). <https://www.census.gov/quickfacts/fact/table/US/PST045222>

2. U.S. Bureau of Labor Statistics. (2025). LAUS Home. U.S. Bureau of Labor Statistics. <https://www.bls.gov/lau/>

3. Health Care Expenditures per Capita by State of Residence, Kaiser Family Foundation: World Population Review (updated July, 2023). <https://worldpopulationreview.com/state-rankings/health-care-costs-by-state>

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